# EAT SMART WITH THE LUNCH BUNCH

| WEEKS SERVED | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| **Week One**<br>**31 August, 28 September, 26 October, 23 November, 21 December, 25 January, 22 February, 22 March, 19 April, 17 May, 14 June** | **Oven Baked Fish Fingers**<br>Mushy Peas & Sweetcorn<br>Chips or Mashed Potatoes<br>---<br>Fruit Muffin with Milkshake | **Homemade Beef Bolognese**<br>Broccoli & Coleslaw<br>Pasta Spirals<br>---<br>Custard & Two Fruits | **Chicken Curry & Mini Naan Bread**<br>Garden Peas & Baton Carrots<br>Boiled Rice<br>---<br>Crackers & Dairylea Cheese | **Roast Pork with Stuffing & Gravy**<br>Seasonal Vegetables<br>Oven Roasted or Mashed Potatoes<br>---<br>Chocolate & Pear Cake with Custard | **Oven Baked Chicken Nuggets**<br>Baked Beans & Mini Corn on the Cob<br>Chips or Baked Potato<br>---<br>Fresh Fruit Salad & Strawberry Yoghurt |
| **Week Two**<br>**7 September, 5 October, 2 November, 30 November, 4 January, 1 February, 1 March, 29 March, 26 April, 24 May, 21 June** | **Oven Baked Fish Goujons**<br>Baked Beans & Garden Peas<br>Chips or Mashed Potatoes<br>---<br>Strawberry Mousse & Fruit | **Beef Chilli Taco Boat with Salsa & Cheddar Cheese**<br>Broccoli & Coleslaw<br>Boiled Rice<br>---<br>Raspberry Jelly with Vanilla Ice Cream & Two Fruits | **Chicken Curry & Mini Naan Bread**<br>Baton Carrots & Green Beans<br>Boiled Rice<br>---<br>Lemon & Blueberry Sponge with Custard | **Roast Turkey with Stuffing & Gravy**<br>Seasonal Vegetables<br>Oven Roasted or Mashed Potatoes<br>---<br>Oaty Biscuit with Milkshake | **Cheeseburger with Salad**<br>Mini Corn on the Cob & Spaghetti Hoops<br>Chips or Baked Potato<br>---<br>Fresh Fruit Salad with Raspberry Yoghurt |
| **Week Three**<br>**14 September, 12 October, 9 November, 7 December, 11 January, 8 February, 8 March, 5 April, 3 May, 31 May, 28 June** | **Oven Baked Fish Fingers**<br>Garden Peas & Diced Carrots<br>Chips or Mashed Potatoes<br>---<br>Rice Pudding with Peach Slices | **Homemade Beef Bolognese**<br>Sweetcorn & Coleslaw<br>Pasta Spirals<br>---<br>Ice Cream, Pears & Chocolate Sauce | **Chicken Curry & Mini Naan Bread**<br>Broccoli & Baton Carrots<br>Boiled Rice<br>---<br>Apple Sponge Cake & Custard | **Roast Gammon, Stuffing & Gravy**<br>Seasonal Vegetables<br>Oven Roasted or Mashed Potatoes<br>- Or -<br>**Creamy Salmon Pasta**<br>Seasonal Vegetables<br>Oven Roasted Potatoes<br>---<br>Chocolate & Raspberry Cookie with Orange Wedges | **Oven Baked Chicken Goujons**<br>Baked Beans & Mini Corn on the Cob<br>Chips or Baked Potato<br>---<br>Layered Banana, Yoghurt, Banana Mousse & Biscuit |
| **Week Four**<br>**21 September, 19 October, 16 November, 14 December, 18 January, 15 February, 15 March, 12 April, 10 May, 7 June** | **Oven Baked Fish Goujons**<br>Garden Peas & Sweetcorn<br>Chips<br>---<br>Yoghurt Tub & Melon Wedge | **Homemade Cottage Pie & Gravy**<br>Baton Carrots<br>Oven Roasted Diced or Mashed Potatoes<br>---<br>Brownie & Orange Wedges | **Chicken Curry & Mini Naan Bread**<br>Broccoli & Roasted Butternut Squash<br>Boiled Rice<br>---<br>Pineapple Upside-down Cake & Custard | **Roast Beef & Yorkshire Pudding with Stuffing & Gravy**<br>Seasonal Vegetables<br>Oven Roasted or Mashed Potatoes<br>---<br>Jelly Whip & Pear Slices | **Baked Pork Sausages**<br>Baked Beans & Coleslaw<br>Chips or Baked Potato<br>---<br>Peach Melba Pot |

Primary Sector Annual Teo-Choice Menu 2026-27

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABLIITY