EAT SMART WITH THE LUNCH BUNCH

WEEKS SERVED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week One **31 August, 28 September, 26 October, 23 November, 21 December, 25 January, 22 February, 22 March, 19 April, 17 May, 14 June**	**Oven Baked Fish Fingers** Mushy Peas & Sweetcorn Chips or Mashed Potatoes - Or - **Macaroni Cheese** Sweetcorn Chips or Mashed Potatoes --- Fruit Muffin with Milkshake	**Homemade Beef Bolognese** Broccoli & Coleslaw Pasta Spirals - Or - **Margherita Pizza** Broccoli & Coleslaw Oven Roasted Diced Potatoes --- Custard & Two Fruits	**Chicken Curry & Mini Naan Bread** Garden Peas & Baton Carrots Boiled Rice - Or - **Oven Baked Quorn Dippers** Garden Peas & Baton Carrots Mashed Potatoes --- Crackers & Dairylea Cheese	**Roast Pork with Stuffing & Gravy** Seasonal Vegetables Oven Roasted or Mashed Potatoes - Or - **Roasted Chicken & Gravy** Seasonal Vegetables Oven Roast or Mashed Potatoes --- Chocolate & Pear Cake with Custard	**Oven Baked Chicken Nuggets** Baked Beans & Mini Corn on the Cob Chips or Baked Potato - Or - **Mild Chilli Beef** Baked Beans & Mini Corn on the Cob Chips or Baked Potato --- Fresh Fruit Salad & Strawberry Yoghurt
Week Two **7 September, 5 October, 2 November, 30 November, 4 January, 1 February, 1 March, 29 March, 26 April, 24 May, 21 June**	**Oven Baked Fish Goujons** Baked Beans & Garden Peas Chips or Mashed Potatoes - Or - **Cheese & Pesto Panini with Salad in Season** Baked Beans Chips or Mashed Potatoes --- Strawberry Mousse & Fruit	**Beef Chilli Taco Boat with Salsa & Cheddar Cheese** Broccoli & Coleslaw Boiled Rice - Or - **Mediterranean Chicken Pizza** Broccoli & Coleslaw Oven Roasted Diced Potatoes --- Raspberry Jelly with Vanilla Ice Cream & Two Fruits	**Chicken Curry & Mini Naan Bread** Baton Carrots & Green Beans Boiled Rice - Or - **Golden Herb Baked Chicken** Baton Carrots & Green Beans Mashed Potatoes --- Lemon & Blueberry Sponge with Custard	**Roast Turkey with Stuffing & Gravy** Seasonal Vegetables Oven Roasted or Mashed Potatoes - Or - **Quorn Fillet & Pepper Sauce** Seasonal Vegetables Oven Roasted or Mashed Potatoes --- Oaty Biscuit with Milkshake	**Cheeseburger with Salad** Mini Corn on the Cob & Spaghetti Hoops Chips or Baked Potato - Or - **Cheesy Cajun Chicken & Veggie Wrap with Salad** Mini Corn on the Cob & Spaghetti Hoops Chips or Baked Potato --- Fresh Fruit Salad with Raspberry Yoghurt
Week Three **14 September, 12 October, 9 November, 7 December, 11 January, 8 February, 8 March, 5 April, 3 May, 31 May, 28 June**	**Oven Baked Fish Fingers** Garden Peas & Diced Carrots Chips or Mashed Potatoes - Or - **Tuscan Chicken Pasta Bake** Garden Peas & Diced Carrots Chips or Mashed Potatoes --- Rice Pudding with Peach Slices	**Homemade Beef Bolognese** Sweetcorn & Coleslaw Pasta Spirals - Or - **Margherita Pizza** Sweetcorn & Coleslaw Oven Roasted Diced Potatoes --- Ice Cream, Pears & Chocolate Sauce	**Chicken Curry & Mini Naan Bread** Broccoli & Baton Carrots Boiled Rice Or - **Roast Vegetable Sausages & Gravy** Broccoli & Baton Carrots Mashed Potatoes --- Apple Sponge Cake & Custard	**Roast Gammon, Stuffing & Gravy** Seasonal Vegetables Oven Roasted or Mashed Potatoes - Or - **Creamy Salmon Pasta** Seasonal Vegetables Oven Roasted Potatoes --- Chocolate & Raspberry Cookie with Orange Wedges	**Oven Baked Chicken Goujons** Baked Beans & Mini Corn on the Cob Chips or Baked Potato - Or - **Sweet Chilli Chicken Panini & Salad** Baked Beans & Mini Corn on the Cob Chips or Baked Potato --- Layered Banana, Yoghurt, Banana Mousse & Biscuit
Week Four **21 September, 19 October, 16 November, 14 December, 18 January, 15 February, 15 March, 12 April, 10 May, 7 June**	**Oven Baked Fish Goujons** Garden Peas & Sweetcorn Chips - Or - **Chicken Jambalaya Rice Stew** Garden Peas & Sweetcorn --- Yoghurt Tub & Melon Wedge	**Homemade Cottage Pie & Gravy** Baton Carrots Oven Roasted Diced or Mashed Potatoes - Or - **Homemade Margherita Pizza** Baton Carrots & Salad in Season Oven Roasted Diced Potatoes --- Brownie & Orange Wedges	**Chicken Curry & Mini Naan Bread** Broccoli & Roasted Butternut Squash Boiled Rice - Or - **Roast Mediterranean Chicken & Vegetables** Broccoli & Roasted Butternut Squash Boiled Rice or Couscous --- Pineapple Upside-down Cake & Custard	**Roast Beef & Yorkshire Pudding with Stuffing & Gravy** Seasonal Vegetables Oven Roasted or Mashed Potatoes - Or - **Penne Pasta** Creamy Roasted Tomato & Basil Sauce Seasonal Vegetables --- Jelly Whip & Pear Slices	**Baked Pork Sausages** Baked Beans & Coleslaw Chips or Baked Potato - Or - **Cheesy Bean Baked Potato & Salad in Season** Baked Beans & Coleslaw --- Peach Melba Pot

Primary Sector Annual Teo-Choice Menu 2026-27

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABLIITY